

Assessment: Making Up a Cooking Lab at Home

You missed a cooking activity in class, but now you can treat your family to your cooking!

Have a parent or guardian complete the following assessment and sign below

Preparation

/5

- Clean apron, long hair tied back
- Long sleeves rolled up, hands thoroughly washed
- Clean counter surfaces before beginning
- Student has ensured all ingredients are in the kitchen before beginning

Organization

/5

- Works calmly and efficiently
- Correct use of equipment, ingredients and food preparation methods as demonstrated and explained in class
- Demonstrates knowledge of safety and sanitation rules
- Table is set correctly (according to product) and student serves the food

Product

/5

- Parent comments:

Clean-up

/5

- Completes all aspects of clean-up as expected in class
- Dishes are clean, dry, and returned neatly to correct location
- All cooking surfaces are wiped clean
- Ingredients are put away, garbage removed, floor is clean
- Student takes initiative to complete full clean-up right after preparation is complete

In addition to a parent or guardian signature - please provide me with a **sample of the product you made or photo evidence** of you making the product and enjoying it with your family. This should be included when submitting this sheet.

Name _____

What did you make? _____

When did you make it? _____

Parent/Guardian signature _____

